

## Scripps Health Plan Amendment to Scripps HMO

June 23, 2017

Dear Scripps Health Plan Member,

We have recently made changes to the Evidence of Coverage provided for under your health plan; to clarify how to use the plan, and to meet disclosure requirements under the Mental Health Parity and Addiction Equity Act of 2008 (also known as MHPAEA).

This Amendment should be attached to, and is made part of, your Scripps Health Plan HMO Evidence of Coverage (EOC). Please be sure to retain this document, it is part of your EOC.

Effective immediately, the EOC is amended as described below:

1. **“How to use the Plan”**

- a. Revised to explain how enrollees can obtain prior authorization for Mental Health/Substance Use Disorder (MH/SUD) services (pages 18-19).
- b. Clarified the availability of Second Opinions for the diagnosis or treatment of a MH/SUD condition (page 18).
- c. Revised the Changing PCP’s or Designated Medical Group section to read: *“You may choose a different PCP and/or medical group for each family member. You may change your PCP at any time by calling the Scripps Health Plan Customer Service Department. PCP changes are effective the first of the month following your requested change.”* (pages 11-12)
- d. Revised section “Member Benefit and Out-of-Pocket Maximum” to clarify prior authorization requirements (pages 22-23).

2. **“Benefit Descriptions”**

- a. “Ambulance Services” was revised to describe the coverage of medically necessary transport to or from a mental health facility (page 42).
- b. “Inpatient Mental Health and Substance Abuse Services” (page 62):
  - i. Amended to include coverage for medically necessary treatment of a person of any age and of serious emotional disturbances of a child.
  - ii. Clarified that prescription drugs which are prescribed during an admission are covered under the Inpatient Hospital copayment.
- c. “Outpatient Mental Health and Substance Abuse Services” (pages 63-65):
  - i. Clarified specific MH/SUD conditions and types of providers which are covered under this benefit.
  - ii. Added differentiation between “Outpatient Office Visits” and “Outpatient Other Items and Services” and revised cost-sharing.
  - iii. Clarified that treatment of pervasive development disorder (also known as autism) is covered, including covered providers.

**3. “Exclusions and Limitations”**

- a. Clarified the scope of the exclusion for reading/vocational therapy (page 72).

**4. “General Provisions”**

- a. Revised the Member Responsibility section to acknowledge that prior authorization and treatment plans are not required for all MH/SUD benefits and to explain how an enrollee may obtain a utilization review policy for MH/SUD benefits. (page 78, #15).

**5. “Definitions”**

- a. Revised the definitions of “Serious Mental Illness” and “Serious Emotional Disturbance.”
- b. Revised the definition of Emergency Services in this section and throughout the EOC.

Your Summary of Benefit Coverage (SBC) was also revised to reflect this Amendment, including the differentiation of “Outpatient Office Visits” and “Outpatient Other Items and Services” and respective cost-sharing.

Disclosures and notices provided by Scripps Health Plan (including this Amendment) as well as copies of the amended 2017 Evidence of Coverage (EOC) & 2017 Summary of Benefit Coverage (SBC) are available on our website by visiting [www.scrippshealthplan.com/member-information](http://www.scrippshealthplan.com/member-information) and clicking the box labeled **“Benefit Information & Forms.”** If you have questions about this Amendment to the EOC, please contact our Customer Service Department at **1-844-337-3700** (or for the hearing and speech impaired, TTY: **1-888-515-4065**).

Mental Health & Substance Use Disorder (MH/SUD) benefits are provided for by Cigna Behavioral Health of California (Cigna BH). If you have questions about accessing an MH/SUD provider or other MH/SUD services, you may contact Cigna BH directly at **1-800-866-6534** (or for the hearing and speech impaired, TTY: **711**).

Prescription drug benefits are provided for by MedImpact. If you have questions about your prescription drug benefits, including prescription drugs for the treatment of an MH/SUD condition, you may contact MedImpact directly at **1-844-282-5343** (or for the hearing and speech impaired, TTY: **711**).

Thank you for choosing Scripps Health Plan as your partner in good health.